

FISH & RHUM SHACK

HERB & VEGETABLE GARDEN

Best of 70'S

**GRANDMA'S KITCHEN** 

CHRISTMAS & NEW YEAR'S EVENTS 2012

Fun Stuffs STARS





### Editorial

The spirit of the festive season is infectious and the stunning beauty and warmth of Mauritius, especially now, makes it one of my favourite times of the year. Here at Shanti Maurice, we remain devoted to the pleasure of our guests and as the sun shines constantly, having fun and being lively is our second nature. This year, we have upped the anti and have decided to reminisce on a period where fun, fancy and strong sense of simply enjoying life was the ethos of the time ... the glory 70's! With modern style and unpretentious luxuries, we embrace the soul of a time passed, but most certainly not forgotten.

The happenings are endless here between December 21st to January 2nd, with activities for our guests of all ages; from Les Petits Dodos "Little Fashionistas" Fashion Hour and weekday Junior Spa to Salsa evenings and Carolling Cocktail Parties.

Not to be missed for our young at hearts, is the internationally accredited and multi-award winning Nira Spa, where every visit serves to rejuvenate the senses. To fully prepare you for 2013, Nira Spa has created a special package for the season, "Santa Fusion - 12 Days of Spa". A wonderful gift for you and your significant other.

The sacred culinary arts of Chef Willi and his team are as provocatively delicious as ever and even more so at the Gala Dinner planned for New Year's Eve. Dresscode: 70's Groove, so pop on the big hair and platforms and blast out the colours. In addition, Stars and Pebbles Restaurants, Fish N Rhum Shack, Grandma's Kitchen and In-Room Dining experiences will have your taste buds on form and craving subsequent delights.

Shanti Maurice is a smashing, rocking place to be and we are honoured that you chose us to be your hosts.

Duarte Correia



"The happenings are endless here between December 21<sup>st</sup> to January 2<sup>nd</sup>."





Daily Program Bits & Pieces

# Friday | 21st December 2012



## Kid's Own Dodo Times

Tt's Christmas time and you can imagine Santa coming with his big bag full of Christmas gifts and greeting everyone on Christmas?

This year will be so amazing at Les Petits Dodos as loads of activities await you. This year is themed 70's. be ready to party and dressed in funky style. Get on board... for baking, to get messy and catch over the best Christmas holidays.

# Happy Candy Day

09:00 Depart to Aventure du Sucre\*

10:00 Paper Chand Garland

12:00 Aaua twister

13:00 Lolly pop tree

17:00 Santa Face Collage



Best of 70's



#### TOP SONGS OF 70'S

American Pie Stayin' Alive Joy To The World Maggie May We Are Family Hotel California Stairway To Heaven Crocodile Rock Bridge Over Troubled... I Will Survive

#### TOP **TV** OF 70'S

M\*A\*S\*H Laverne & Shirley Happy Days Hawaii Five-O All In The Family Mary Tyler Moore Charlie's Angels The Waltons Sanford & Son



# TOP **MOVISS** OF 70'S

Godfather I All The President's...

Godfather II Kramer vs. Kramer One Flew Over The... laws

Star Wars

"Did you know...?"

Dean's Sweaters Usually cream background with a patterned yoke around the neck, 3-button closure at neck. Very popular with the preppy crowd.

> Mood Rings A ring which was supposed to decribe what mood you were in by your body heat. Ex: Black= Bad Mood!

Hotpants Very short dressy shorts.usually plush velvet, with a wide, usually white, belt, to match your white go-go boots.

Hip Huggers How auickly we foraet. Those bell bottoms with the "waistline" striking just below the belly button. Double front zippers were pretty fashionable, one on each side.

Denim leans Converted Into Skirts Ripped out the inseam and stitched floral print material in the middle to make it a skirt.

All activities with an asterix\* are charaeable. Booking in advance is required.

SUMMER 2012 70'S CELEBRATION 3 2 70'S CELEBRATION SUMMER 2012

Daily Program Mauritian Cuisine

# Saturday | 22<sup>nd</sup> December 2012



# Fish & Rhum Shack

The celebrated Fish and Rhum Shack at Shanti Maurice, offering the most authentic Mauritian evening on the Island, has become an instant hit with guests and discerning locals alike. The rustic beach-side barbecue, elevated by lantern-light and the sound of waves breaking on the reef, is an unforgettable feast under the stars.

The freshest fish, meat and game is grilled on request and served with a selection of salads and herbs picked from our garden a few hours earlier. The menu, depending on the previous night's catch and the morning market, might include grilled prawns, lobster, sea bass, tuna, snapper, chicken and lamb chops. Cocktails feature rum from the local distillery, while the beer selection introduces the finest

lobster, sea bass, tuna, snapper, chicken and lamb chops. Cocktails feature rum from the local distillery, while the beer selection introduces the finest offerings from the village brewery. Sega dancers regularly wow guests with the captivating beats and rhythms of the national song and dance. This is a Mauritian experience not to be missed.



All activities with an asterix\* are charaeable. Booking in advance is required.

Daily Program

Mauritian Cuisine

## Sunday | 23<sup>rd</sup> December 2012



Stars

tars, serving the finest, freshest Cape food, shines at night. With exquisite, perfectly prepared dishes and a setting offering views over a starlit Indian Ocean, the restaurant turns dinner into a memorable occasion.

This is the place to lose track of time as the hours slip by as you savor your favourite wine.

The culinary influences are South African, but the ingredients are primarily local. Executive Chef Willibald Reinbacher and his team create simple yet lightly-designed dishes that excel in execution and flavour. Likewise the winelist, reflects the tastes of the Cape, along with the best that the Old World has to offer.





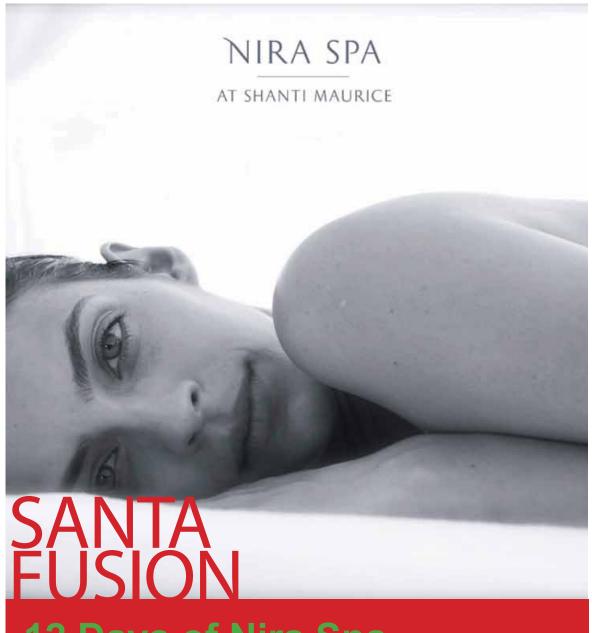
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## Monday | 24<sup>th</sup> December 2012



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# 12 Days of Nira Spa

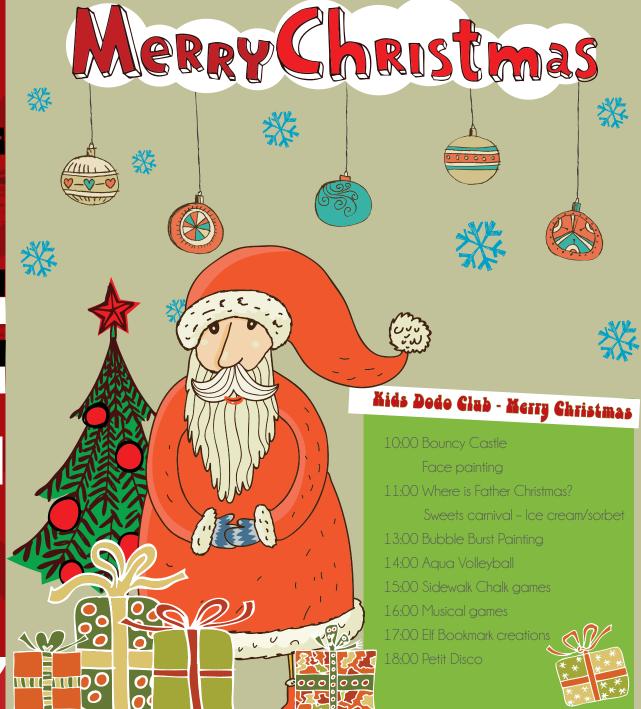
A unique Spa Package, designed to get you in gear for 2013. Celebrate life this festive season and rejuvenate your body and mind with this exceptional combination of Ayurvedic and International therapies, expertly selected to pamper while effectively revitalizing and restoring you holistically.

Over 14 inclusions, featuring exciting NEW treatments!!!

**ONLY MRU 42.000** 

## Tuesday | 25<sup>th</sup> December 2012





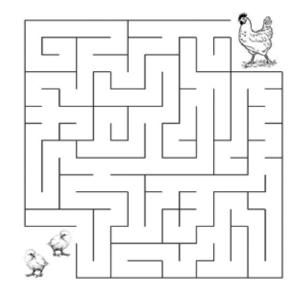
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10 70'S CELEBRATION SUMMER 2012 SUMMER 2012 SUMMER 2012 TO'S CELEBRATION II

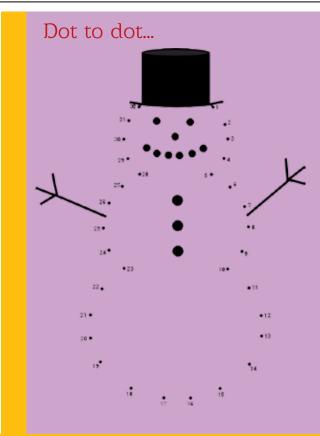
# Wednesday | 26<sup>th</sup> December 2012



Help mother chicken find her baby chicks...



Sudoku



Colouring Space

# Kids Dodo Club - Boxing Day

10:00 Depart for food drive can\*

11:00 Beach Frisbee

Cootie Catcher card

13:00 Archery

Christmas pudding whoopee pies

14:00 Story telling by 'Tikulu' at Library

15:00 Estate Scooter tour

16:00 Kids garden Yoga

17:00 Thanks letter to Santa

18:00 Cartoon character party at Fish & Rhum Shack





All activities with an asterix\* are chargeable. Booking in advance is required.

# Thursday | 27<sup>th</sup> December 2012

08:15 HATHA YOGA 09:00 SEA-QUAD adventure\* 1000 Quad Biking ride at JOGGING TRACK 11.00 Guided Snorkeling with Marine Biologist\* 12:00 Sailing Initiation 13:00 Aqua Aerobic

14:00 TWISTER Game Challenge for teens

15:00 Group Starter TENNIS\*

15:45 Aqua Spinning Class

16:00 Mehendi-pro DESIGN\*

17:15 Beach FOOTBALL REEF FISH Presentation at Library

18:45 CHESS Game contest 'WIN a cocktail'

Alongside the lush landscape gardens of Shanti Maurice lies a bountiful herb and vegetable garden, providing the Chef with fresh and organic ingredients for the day's dishes.

Garden

Herb & Vegetable

The garden plays home to over thirty varieties of herbs and vegetables, and depending on the season, citronelle, persil, romarin, basil, mint, and coriander are grown, along with vegetables such as beetroot, aubergine, broccoli and onion.

Executive Chef Willibald Reinbacher will gladly give you a personal tour of the herb garden and discuss the philosophy behind the resort's menu.



# Kids Dodo Club - Holly Jolly

09:30 Depart for Zip Lining to Chazal\*

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**TODAY** 

19:15 FISH & RHUM

**SHACK** 



All activities with an asterix\* are chargeable. Booking in advance is required.

# Friday | 28<sup>th</sup> December 2012



All activities with an asterix\* are charaeable. Booking in advance is required.

A unique offer that gives you the opportunity to tailor make your authentic Spa experience.

With 5, 10 and 15 hour time blocks, indulge in the luxury of choice and have **ANY** treatment you wish from our comprehensive Nira Spa menu.

This hassle free initiative gets even better as you pay only one price, on top of which you also enjoy priority booking.

Share this pleasure with a special person or deservingly spoil yourself and reserve these blissful hours for only you.

Rates inclusive of 15% VAT: 5 hours rs.22,000 10 hours rs.44,000 15 hours rs.66,000

#### The fine prints:

Spa Unlimited is non-refundable after purchase and is not transferrable for Spa products or items and services from any other department.

All additional hours will be charged at normal à la carte rates.

This offer is not combinable with any other offer or promotions.

All services are to be taken at Nira Spa only.

Hours must be consumed within the period of stay.

All Nira Spa cancellation policies apply.

#### Nira Spa Kitchen Confidential – Home Facial

Ingredients:-Natural Yoghurt 30ml Organic Oatmeal 2tblsp Pure Honey 2tsp Egg White 1 Rooibos Tea 10ml

#### Method:

Fully cleanse the face with natural yogurt then remove with warm water. Mix oatmeal, rooibos and honey into a paste and scrub lightly for about a minute and rinse thoroughly with warm water. With a fork, lightly whisk egg for a few seconds then apply to face and decollete, carefully avoiding the eye area and leave until it firms. Remove with warm face towel and repeat the cleanse with yoghurt.

Moisturise with Africology Moisturiser... keep one in your fridge and the other in your bathroom.

#### Did you know?

Natural Mayonnaise is one of the most nourishing hair treatments ever. Smother throughout clean towel dry hair, then cover with plastic wrap for 20mins. Rinse well and condition as usual.

Chamomile or Black Tea Bags make great eye pads. Try it after a long day at work or a late night out ... or just because.



Daily Program

Daily Program

# Saturday | 29<sup>th</sup> December 2012



# Grandma's Kitchen

Shanti Maurice is delighted to announce the introduction of 'Grandma's Kitchen', a new offering which allows guests of the resort to dine at the home of the grandmother of one of the resort's own team members.

Grandma's Kitchen underpins Shanti Maurice's commitment to highlighting the best of Mauritian culture, built on the resort's philosophy that guests use Shanti Maurice as a base from which to experience the very best that the real Mauritius has to offer.





All activities with an asterix\* are chargeable. Booking in advance is required.

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# Sunday | 30<sup>th</sup> December 2012

# SHANTI MAURICE A NIRA RESORT





### LE BADAMIER JUNIOR SPA

May your little feet always walk this earth in kindness, respect, in love and in gratitude for all of creation and as you grow up, may you continue to remember the golden rule; we need earth to sustain us. Always remember to care for her, and never use anything on your body that will harm you or the earth.

Walk with pride and always leave a footprint behind that will make others feel proud of your journey.

We are proud to say, your range of body care is formulated with the purest of ingredients and biodegradable in the kindest of ways, as we care for the earth as we do your biology.

Our footprint is eco-friendly.

#### HONEY BEE AFTER SUN COCOON

NO MORE SUN STING
Face - 15min - Rs. 750
Full body - 20min - Rs. 1,000
Pure honey blended with aloe ferox to take away
the sting of too much sun exposure.
Rehydrates, protects and repairs the skin.

#### CHOCO BOO

HAND AND FOOT TREATMENT
30 mins - Rs. 1,500
Delicate little hands and feet are immersed in a
chocolate soak to soften and care for delicate skin
Gently cleans the skin in preparation for a
chocolate sensory experience.
Feet are exfoliated before a purifying chocolate
mask is applied to the skin, followed by a
coconut oil & honey massage.

#### SLEEPY FEET

FOR THE SUPER ACTIVE
20 mins - Rs. 1,000
A beautiful blend of lavender, chamomile
and other Island flowers are used to gently
massage little feet.
A sure way to calm an overactive mind, ensuring
a good night's sleep!

All activities with an asterix\* are chargeable. Booking in advance is required.

Daily Program
Fun Tir

# Monday | 31st December 2012

# 19:00 NEW YEAR GALA 70'S - LIVE cooking stations MUSIC FROM THE 70'S - LANTERNS at midnight **08-15 HATHA** YOGA Guided Bike tour to **Gris Gris\*** Beach Zumba Rumba 1.00 Beach FRISBEE Family Bike Garden tour with Kushi Guided Snorkeling with Marine Biologist\* 13:00 Nira Spa Special Devi Facial\* 1400 Leisure Pedalo 31 st 1500 Archery Balloon shoot Competition 15:45 Biking Shopping to Chemin Grenier\* **16:00** 30 MINS STRETCHING\* 7:15 Basket BALL Blast 18:45 Karaoke Party at the Conference Room

## "Did you know...?"

In 1970, who won the Grammy for 'Record of the Year'?

"Aquarius/Let the Sunshine In" - The Fifth Dimension. "Aquarius/Let the Sunshine In" are two songs combined from the

Broadway musical "Hair".

Which movie won the 1972 Oscar for 'Best Picture'?

The Godfather Marlon Brando also won for "The Godfather" as Best Actor but refused to accept the award. Which American television show won the Emmy in 1978 for 'Outstanding Comedy Series'?

All in the Family. Also in this year, Jean Stapleton won 'Best Actress' for her role as Edith Bunker.

Streaking the act of running naked in public became a Fad in the 70s. Who wrote and performed a hit song in 1974 called "The Streak" about this fad?

Ray Stevens. "The Streak" was number 1 for three weeks in 1974 on the Billboard charts. Who had the longest run on the charts with the #1 song in 1977?

Debby Boone - "You Light Up My Life". Twenty-nine different songs hit #1 in 1977 in the United States but "You Light Up My Life" stayed at #1 for ten weeks. Which baseball team won the World Series in 1979?

Pittsburgh Pirates. Willie Stargell of the Pittsburgh Pirates was named World Series MVP; he hit 400 for the series.



09:30 Depart to Historical Mahebourg Museum $^{\star}$ 

10:00 Beach Tic-Tac-Toe

11:00 Jumping rope Water Splash

13:00 Wish Card

14:00 Around the world - Old traditional games

15:00 Band Musical instrument making

16:00 Beach Bocce Ball

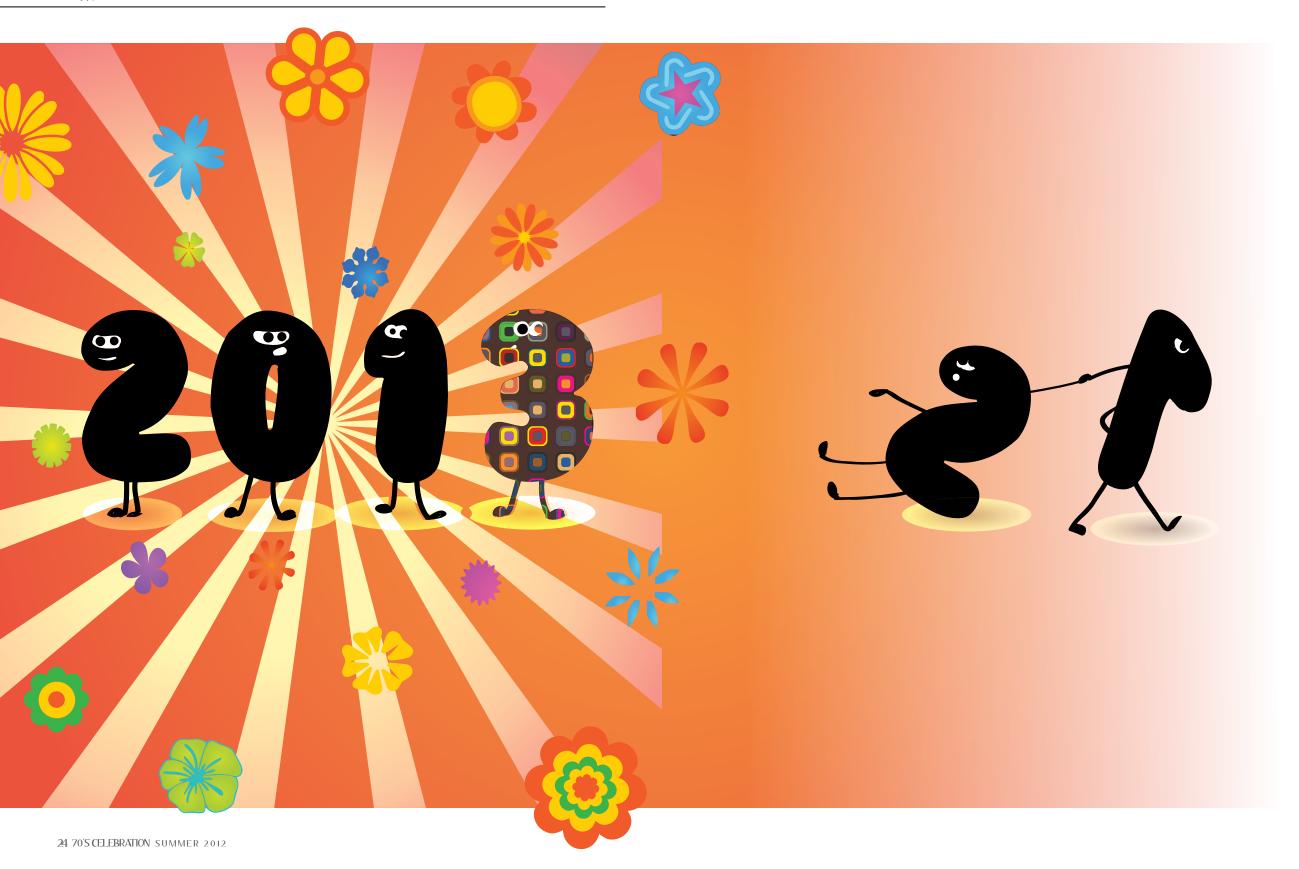
70's Paper costumes craft

17:00 Button photo frame

18:00 Karaoke party

All activities with an asterix\* are chargeable. Booking in advance is required.

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# SHANTI MAURICE

A NIRA RESORT



OUR BOUTIQUE OFFERS AN EXCEPTIONAL SHOPPING EXPERIENCE WITH A TREASURE TROVE OF A WIDE VARIETY OF STRIKING AND BEAUTIFUL ITEMS RANGING FROM CLOTHES, JEWELLERY, HOME ACCESSORIES AND LOCAL SPECIALTIES THAT HAVE BEEN HAND SELECTED ESPECIALLY FOR YOU.

SHANTIMAURICE.COM

